

"Providing a Positive Athletic Experience to the Youth in our surrounding communities"

Exceptional Aquatics Instruction

Serving the local communities since 1994

Splash

Aquatics

Practices at:
Fountain Valley HS
Westminster HS



SPLASH YOUTH SPORTS INC

www.splashaquatics.com

Start the new year off with

SPLASH

Year round swim (sept-may)

Summer swim (June-August)

Junior Lifeguard Prep



Member of:

United States Swimming

Southern California
Swimming

Orange County
Swim Conference



Due to FV pool Modernization

Beginning 5/2/22

Practices will be held at
Westminster High School

"The Original"

Junior Lifeguard Prep

<u>Group</u>	<u>Dates</u>	<u>Hours</u>	<u>Cost</u>
1 M,W	3/7 to 4/22	7:00-8:00	\$170
2 T,Th	3/7 to 4/22	7:00-8:00	\$170
3 M, W	4/25 to 5/19	7:00-8:00	\$100
4 T,Th	4/25 to 5/19	7:00-8:00	\$100
5 M, W	5/23 to 6/16	7:00-8:00	\$90
6 T, Th	5/23 to 6/16	7:00-8:00	\$100

Sign-up now and reserve your spot

Splash Hotline (714) 775-0212

Distribution of flyers through Peachjar does not imply endorsement by the Fountain Valley school district, Its schools or staff, and is distributed in compliance with federal and state law

Get in shape for 2022 Junior Lifeguards tryouts!

Splash Aquatics

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Junior Lifeguard Prep

Hard Work + Determination = Success

- Work-outs designed to help your child pass Junior Guard tryouts.
 - Learn proper stroke technique and turns.
 - Improve their cardiovascular conditioning.
 - Timed testing to assess their progress.

Junior Lifeguard Prep

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5 M, W	5/23 to 6/16	7:00-8:00	\$90
6 T, Th	5/23 to 6/16	7:00-8:00	\$100

Suggestion:
To increase chances of passing local IG tests
you are encouraged to sign up for multiple
groups. 4 days per week or additional sessions

No make up workouts for missed days.
Friday Testing will be announced at a later time
*Not Mandatory to attend all work-outs each week
**times subject to change

Where:

Fountain Valley High School 17816 Bushard St.
Westminster High School 14325 Goldenwest st.

Sign-up:

- Register ahead of time and secure your child's spot.
- All swimmers will receive a cap on their first day of workout. Swimsuit must be worn at practice.
 - Additional caps may be purchased for \$5 each at the pool deck.

SPLASH YOUTH SPORTS INC

Splash Aquatics

Member of:

UNITED STATES SWIMMING
SOUTHERN CALIFORNIA SWIMMING
and the
ORANGE COUNTY SWIM CONFERENCE

For Further information
Contact:

Cynthia Bandaruk

(Head Swim Coach)

(714) 775-0212

or

Email: coachcynthia@splashaquatics.com

- check us out on the web at www.splashaquatics.com
- download team registration card
- register ahead of time on Deck or by mail